

Disclosure of Substance Use Disorder Patient Records: Does Part 2 Apply to Me?

Title 42 of the Code of Federal Regulations (CFR) Part 2: Confidentiality of Substance Use Disorder Patient Records (Part 2) was first promulgated in 1975 to address concerns about the potential use of Substance Use Disorder (SUD) information in non-treatment based settings such as administrative or criminal hearings related to the patient. Part 2 is intended to ensure that a patient receiving treatment for a SUD in a Part 2 Program does not face adverse consequences in relation to issues such as criminal proceedings and domestic proceedings such as those related to child custody, divorce or employment. Part 2 protects the confidentiality of SUD patient records by restricting the circumstances under which Part 2 Programs or other lawful holders¹ can disclose such records.

Part 2 Programs are federally assisted² programs.³ In general, Part 2 Programs are prohibited from disclosing any information that would identify a person as having or having had a SUD unless that person provides written consent. Part 2 specifies a set of requirements for consent forms, including but not limited to the name of the patient, the names of individuals/entities that are permitted to disclose or receive patient identifying information, the amount and kind of the information being disclosed, and the purpose of the disclosure (see §2.31).⁴ In addition to Part 2, other privacy laws such as the <u>Health</u> Insurance Portability and Accountability Act of 1996 (HIPAA)⁵ have been enacted. HIPAA generally permits the disclosure of protected health information for certain purposes without patient authorization, including treatment, payment, or health care operations.

To help stakeholders understand their rights and obligations under Part 2, the <u>Office of the National</u> <u>Coordinator for Health Information Technology (ONC)</u> and the <u>Substance Abuse and Mental Health</u> <u>Services Administration (SAMHSA)</u> have released two fact sheets illustrating how Part 2 might apply in various settings. This fact sheet focuses on helping health care providers determine how Part 2 applies to them by depicting scenarios they might encounter when caring for patients. Each scenario illustrates

https://www.gpo.gov/fdsys/pkg/FR-2017-01-18/pdf/2017-00719.pdf.

¹ A "lawful holder" is an individual or entity who has received patient identifying information as the result of a part 2-compliant consent or as otherwise permitted under the part 2 statute, regulations, or guidance.

² "Federally assisted" (defined at § 2.12 (b)) encompasses a broad set of activities, including management by a federal office or agency, receipt of any federal funding, or registration to dispense controlled substances related to the treatment of SUDs. Many SUD treatment programs are federally assisted.

³ A "program" (defined at § 2.11) is an individual, entity (other than a general medical facility), or an identified unit in a general medical facility, that "holds itself out" as providing and provides diagnosis, treatment, or referral for treatment for a SUD. Medical personnel or other staff in a general medical facility who are identified as providers whose primary function is to provide diagnosis, treatment, or referral for treatment for a SUD are also Programs. "Holds itself out" means any activity that would lead one to reasonably conclude that the individual or entity provides substance use disorder diagnosis, treatment, or referral for treatment.

⁴ A full description of the requirements of a Part 2 consent form is available at:

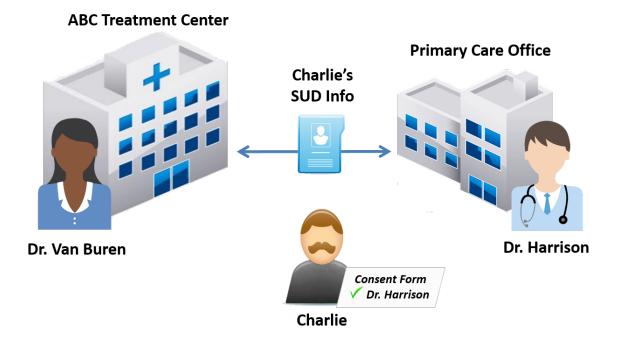
⁵ State laws and regulations may also further restrict the disclosure of substance use disorder patient records. The information in this fact sheet is not intended to serve as legal advice nor should it substitute for legal counsel. The fact sheet is not exhaustive, and readers are encouraged to seek additional technical guidance to supplement the illustrative information contained herein.





whether Part 2 applies to a theoretical disclosure of patient health information, and if so, what a provider would need to do to properly disclose the information according to Part $2.^{6}$

SCENARIO 1: OPIOID TREATMENT PROGRAM



ABC Treatment Center (ABC) is a SAMHSA-certified Opioid Treatment Program that provides Medication-Assisted Treatment (MAT) for persons diagnosed with an opioid use disorder (OUD). ABC is accredited by a SAMHSA-approved accrediting body to dispense opioid treatment medications. Dr. Van Buren works at ABC and is registered with the Drug Enforcement Administration (DEA) to prescribe controlled substances for the treatment of OUD.

Charlie is a 33-year-old who hurt his back at work. He went to his primary care provider, Dr. Harrison, and was prescribed an opioid painkiller to manage his pain. Charlie became dependent on the painkiller and began illegally obtaining and using opioids after his prescription ran out. Charlie sought help from ABC and is now receiving methadone treatment for an OUD.

Charlie is seeing Dr. Harrison in two weeks to follow up about his back injury. Dr. Van Buren asked Charlie if he wanted his treatment information sent to his primary care provider, Dr. Harrison. Charlie agreed in a written consent to let Dr. Van Buren share his OUD treatment information with Dr. Harrison.

⁶ Note: All scenarios described in this fact sheet involve adult patients. Part 2 includes specific provisions for minor patients (see § 2.14) that are not presented in this fact sheet.

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• Step 1 – Is ABC covered? Does Part 2 apply?

Yes. ABC meets the definition of a program because it is an entity (other than a general medical facility) that holds itself out (e.g. through advertisements) as providing and provides SUD treatment services. Additionally, ABC is federally assisted because it has been certified by SAMHSA as an Opioid Treatment Program. Therefore, ABC meets the definition of a Part 2 Program.

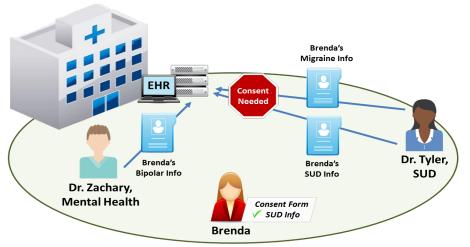
Step 2 – Can ABC disclose patient-identifying information? If so, how?

Yes. As a Part 2 Program, ABC can disclose patient-identifying information if it obtains written patient consent. Because ABC Treatment Center holds itself out as a facility that provides SUD diagnosis, treatment, or referral for treatment, any patient information coming from ABC could identify the patient as having or having had a SUD.

To share Charlie's record with Charlie's primary care provider, Dr. Van Buren would need to obtain written consent from Charlie. The consent form would need to comply with all of the requirements specified in §2.31 of the Part 2 regulations, including identifying the SUD information in the "Amount and Kind" section and stating the purpose of the disclosure. Charlie's information would also need to be accompanied by a notice of prohibition on redisclosure (described at §2.32) so that Dr. Harrison recognizes the information as Part 2-protected and does not further disclose the information without Charlie's consent. See Figure 1, above, for an illustration.

SCENARIO 2: MIXED-USE FACILITY

Acme Community Mental Health Center



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Acme Community Mental Health Center (Acme) provides both SUD treatment services and mental health services. Acme recently installed an Electronic Health Record (EHR) system for the entire health center.

Dr. Tyler, an addiction specialist at Acme, only treats patients with SUDs. Typically, Dr. Tyler uses controlled substances for detoxification or maintenance treatment of a patient's SUD.

Dr. Zachary, a psychiatrist at Acme, specializes in treating patients with mental disorders. Dr. Zachary does not treat patients for SUD.

Brenda has bipolar disorder and a SUD. She has been going to Acme for the past five years and sees Dr. Zachary for treatment of her bipolar disorder and Dr. Tyler for treatment of her SUD.

At Brenda's most recent visit, Dr. Tyler added to Brenda's record that Brenda was suffering from migraines and had relapsed in her recovery from her SUD.

- Step 1 Is Acme covered? Does Part 2 apply?
 - Yes. Dr. Tyler meets the definition of a Part 2 Program because Dr. Tyler works at a general medical facility where her primary function is for the provision of diagnosis, treatment, or referral for treatment of patients with SUDs. Additionally, Dr. Tyler is considered federally assisted because she is registered with the DEA to prescribe controlled substances for detoxification or maintenance treatment of a SUD. Therefore, Dr. Tyler is considered a Part 2 Program.
- Step 2 Can Acme disclose patient-identifying information? If so, how?
 This scenario is complex, with three types of health information to consider: SUD, migraines, and bipolar disorder.
 - SUD: Because Dr. Tyler meets the definition of a Part 2 Program, she needs to obtain Brenda's consent to disclose information that would identify her as a patient with a SUD. This includes disclosures to other providers at Acme. Therefore, if Brenda's SUD patient records are available to other providers at Acme through the facility's EHR system, Brenda's consent form must name Acme or individual providers at Acme if she wants to share her records with them (see Figure 2 for an illustration). The consent form would need to comply with all of the requirements specified in §2.31 of the Part 2 regulations (i.e., identify the SUD information in the Amount and Kind section, identify the purpose of the disclosure, etc.). Brenda's information would also need to be accompanied by a notice of prohibition on re-disclosure (described at §2.32).
 - Migraines: In other circumstances, information about Brenda's migraines would not identify her as a patient with a SUD and could potentially be disclosed without her consent. However, in this scenario, Dr. Tyler is a Part 2 Program. She only treats patients with a SUD and is recognized as such. Therefore, any information disclosed by Dr. Tyler would identify a patient as having or having had a SUD. Dr. Tyler would need to obtain

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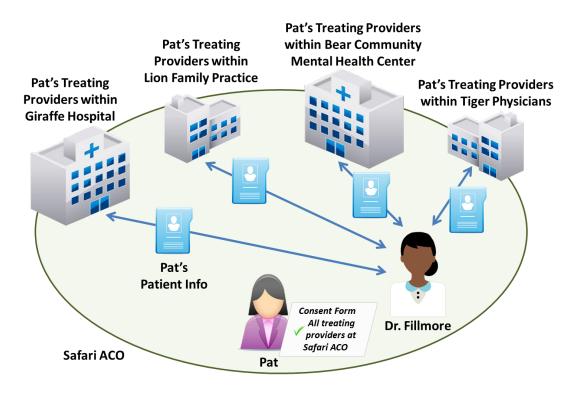




Brenda's consent to disclose any personally identifying information related to her care, even if that information would not otherwise indicate that she had a SUD.

 Bipolar disorder: Dr. Zachary does not meet the definition of a Part 2 Program and Brenda's diagnosis of bipolar disorder would not identify her as a patient with a SUD. Therefore, Part 2 does not prohibit Dr. Zachary from disclosing information related to Brenda's treatment for bipolar disorder without her consent; however, state laws may restrict the disclosure of mental health information without patient consent or authorization.

Part 2 permits providers at Acme to acknowledge that Brenda is a patient at Acme without her consent. Because Acme is a mixed-use facility that provides services other than diagnosis, treatment, or referral for treatment for a SUD, acknowledging the presence of a patient at Acme would not necessarily identify that patient as having or having had a SUD. However, Acme providers could not disclose that Brenda is a patient of a Part 2 Program (e.g., that Brenda is a patient of Dr. Tyler) without her consent because that would identify her as having or having had a SUD. See figure 2, above, for an illustration.



SCENARIO 3: ACCOUNTABLE CARE ORGANIZATION (ACO)

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Accountable care organizations (ACOs) and other value-based payment arrangements create incentives for health care providers to work together to deliver high quality, coordinated care for patients. ACOs are often composed of a variety of different providers and care settings.

Safari ACO includes Lion Family Practice (Lions), Tiger Physicians Group (Tigers), Giraffe Hospital (Giraffes), and Bear Community Mental Health Center (Bears). Dr. Fillmore works at Bears, a mixed-use facility. She is recognized as the facility's lead SUD physician and primarily treats patients with SUDs. Dr. Fillmore often prescribes controlled substances for detoxification or maintenance treatment to his patients, including Pat.

• Step 1 – Is Dr. Fillmore covered? Does Part 2 apply?

Yes. Dr. Fillmore meets the definition of a Part 2 Program because she is identified as a provider at a general medical facility whose primary function is to treat patients with SUDs. Additionally, Dr. Fillmore is considered federally assisted because she is registered with the DEA to prescribe controlled substances for detoxification or maintenance treatment of a SUD. Therefore, Dr. Fillmore meets the definition of a Part 2 Program.

• Step 2 – Can Dr. Fillmore disclose patient-identifying information to Pat's other providers in the ACO? If so, how?

Dr. Fillmore would need to obtain written consent from Pat to disclose information about Pat's treatment for a SUD to any other of her treating providers from Lions, Tigers, Giraffes, or Bears. The consent form would need to comply with all of the requirements specified in §2.31 of the Part 2 regulations (i.e., specifically identify the SUD information in the "Amount and Kind" section, identify the purpose of the disclosure, etc.). Pat's information would also need to be accompanied by a notice of prohibition on re-disclosure (described at §2.32). Rather than naming each of her treating providers on the consent form, Pat could name Safari ACO and use a general designation (e.g. "all of my treating providers"). If Pat used a general designation, the consent form must include a statement indicating that, upon request, Pat is entitled to receive a list of all entities that have received her information under the general designation. See Figure 3, above, for an illustration.

SCENARIO 4: INTEGRATED CARE SETTING

Today, many patients receive treatment for a SUD in a primary care or integrated care setting. These settings may provide both behavioral and physical health services, and individual providers may address all of a patient's behavioral or physical health needs. Depending on its particular characteristics, an integrated care setting may not have a Part 2 Program even if it provides some services for the diagnosis, treatment, or referral for treatment of a SUD.

Blue Mountain Physician Group is a group of providers that treats the whole person in an integrated care setting. Although Blue Mountain does not advertise that it provides SUD treatment services, its physicians have received waivers from SAMHSA to prescribe buprenorphine for the treatment of opioid use disorders.

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Dr. Pierce is a provider at Blue Mountain and treats a diverse group of patients. Occasionally, Dr. Pierce encounters patients with an opioid dependency and provides MAT with buprenorphine. However, he does this only for a handful of patients and such services do not constitute his primary function at Blue Mountain.

One of his patients, Brooke, came to see him for a respiratory infection. Brooke had previously received treatment for an OUD at an inpatient treatment facility not affiliated with Blue Mountain but recently relapsed. When Dr. Pierce saw Brooke for the respiratory infection, she mentioned that she was experiencing withdrawal symptoms from opioid use. Dr. Pierce prescribed an antibiotic for the infection and started MAT with buprenorphine.

• Step 1 – Is Dr. Pierce covered? Does Part 2 apply?

Dr. Pierce is federally assisted because he is registered with the DEA to prescribe controlled substances for the treatment of OUD and has received a physician waiver from SAMHSA to prescribe buprenorphine.

However, Dr. Pierce practices at a general medical facility where his primary function is not providing diagnosis, treatment, or referral for treatment for a SUD. Therefore, Dr. Pierce does not meet the definition of a Part 2 Program.

• Step 2 – Can Dr. Pierce disclose patient-identifying information? If so, how?

In this case, Dr. Pierce is not a Part 2 Program and therefore is not subject to the disclosure restrictions of Part 2. However, before he discloses Brooke's information, Dr. Pierce still needs to consider privacy requirements under HIPAA and state privacy laws.

Additional Resources

- <u>42 CFR Part 2 [PDF 556 KB]</u>
- <u>SAMHSA's webpage about 42 CFR Part 2</u>

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Disclosure of Substance Use Disorder Patient Records: How Do I Exchange Part 2 Data?

Title 42 of the Code of Federal Regulations (CFR) Part 2: Confidentiality of Substance Use Disorder Patient Records (Part 2) was first promulgated in 1975 to address concerns about the potential use of Substance Use Disorder (SUD) information in non-treatment based settings such as administrative or criminal hearings related to the patient. Part 2 is intended to ensure that a patient receiving treatment for a SUD in a Part 2 Program does not face adverse consequences in relation to issues such as criminal proceedings and domestic proceedings such as those related to child custody, divorce or employment. Part 2 protects the confidentiality of SUD patient records by restricting the circumstances under which Part 2 Programs or other lawful holders¹ can disclose such records.

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To help stakeholders understand their rights and obligations under Part 2, the <u>Office of the National</u> <u>Coordinator for Health Information Technology (ONC)</u> and the <u>Substance Abuse and Mental Health</u> <u>Services Administration (SAMHSA)</u> have released two fact sheets illustrating how Part 2 might apply in various settings. This fact sheet demonstrates how Part 2 applies to the electronic exchange of health

https://www.gpo.gov/fdsys/pkg/FR-2017-01-18/pdf/2017-00719.pdf.

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⁴ A full description of the requirements of a Part 2 consent form is available at:

⁵ State laws and regulations may also further restrict the disclosure of substance use disorder patient records. The information in this fact sheet is not intended to serve as legal advice nor should it substitute for legal counsel. The fact sheet

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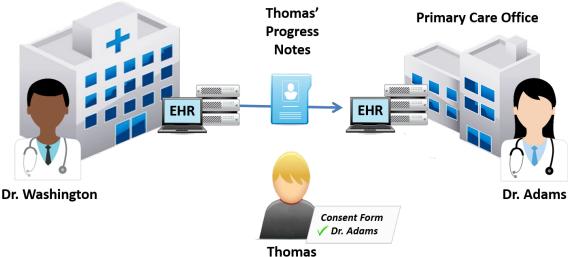
care records with a Part 2 Program. The fact sheet presents health information exchange scenarios and illustrates how Part 2 applies to a theoretical disclosure of patient health information in each scenario.⁶

HEALTH INFORMATION EXCHANGE

Electronic health information exchange allows doctors, nurses, pharmacists, other health care providers, and patients to appropriately access and securely share an individual's health information—improving the speed, quality, safety, and cost of patient care. Health information exchange can greatly improve the completeness of patient records, which in turn contributes to more informed decision-making at the point of care. Two common types of health information exchange include directed exchange and query-based exchange.

DIRECTED EXCHANGE

Directed exchange enables health care providers to securely send/receive patient information—such as laboratory orders and results, patient referrals, or discharge summaries— via the internet to/from a known and trusted recipient. Common forms of directed exchange include Direct Secure Messaging (commonly compared to secure email for healthcare), point-to-point interfaces between systems, and web services.



Memorial Treatment Center

In the directed exchange scenario, Dr. Washington is an addiction counselor at Memorial Treatment Center, a SAMHSA-certified Opioid Treatment Program that provides medication-assisted treatment (MAT) for persons diagnosed with an opioid use disorder. One of Dr. Washington's patients is Thomas.

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Thomas was recently referred to Memorial Treatment Center by his primary care provider, Dr. Adams. After entering Memorial's treatment program, Thomas noted that he wants Dr. Adams to know about his treatment at Memorial Treatment Center.

To meet the requirements of Part 2, Dr. Washington has Thomas complete a consent form specifying that he would like progress notes related to his treatment for SUD sent from Memorial Treatment Center to Dr. Adams. After each appointment, Dr. Washington uses his electronic health record (EHR) system to create a direct message and send the progress notes to Dr. Adams, who receives the message in her EHR system.

QUERY-BASED EXCHANGE

Query-based exchange enables health care providers to search clinical data sources and discover information about a patient. Query-based exchange typically involves an intermediary, often known as a health information exchange (HIE). The HIE either maintains a centralized data repository that includes data from connected systems, or facilitates requests from one system to search another system.

In the query-based exchange scenario, Monument Community Mental Health Center (Monument) provides a variety of behavioral health services to patients, including treatment for SUDs. Monument describes these services on its website and through advertisements. Dr. Madison is a psychiatrist at Monument who specializes in addiction treatment and counseling and provides MAT to patients with a SUD. Monument recently joined a local HIE and wants to share patient records with the HIE so that other providers can access information about the behavioral health care of their patients.

As a Part 2 Program, Monument would need to meet the requirements of Part 2 before disclosing patient records to the HIE. To meet the requirements of Part 2, Monument must either obtain patient consent before disclosing Part 2 patient-identifying information to the HIE or execute a Qualified Service Organization Agreement (QSOA) with the HIE (see § 2.11 and § 2.12(c)(4)).

Query-Based Exchange Scenario 1: Written QSOA with an HIE

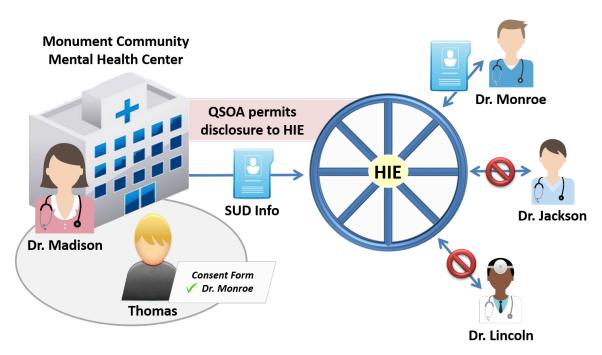
A qualified service organization is an individual or entity who:

- (1) Provides services to a Part 2 Program, such as data processing, bill collecting, dosage preparation, laboratory analyses, legal, accounting, population health management, medical staffing, or other professional services, and
- (2) Has entered into a written agreement with a Part 2 Program under which the QSO:
 - (i) Acknowledges that in receiving, storing, processing, or otherwise dealing with any patient records from the Part 2 Program, it is fully bound by 42 CFR Part 2; and
 - (ii) If necessary, will resist in judicial proceedings any efforts to obtain access to patientidentifying information related to substance use disorder diagnosis, treatment, or referral for treatment except as permitted by 42 CFR Part 2.

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Monument and the HIE could sign a QSOA acknowledging that the HIE is providing information exchange services to Monument and is bound by the requirements of Part 2. Because the HIE is considered a QSO, Part 2 Programs at Monument would not need patient consent to disclose patient information to the HIE. However, providers participating in the HIE would need Thomas's consent to view his SUD patient records. The HIE would be restricted from re-disclosing patient identifying information to participating providers without Thomas's consent.



In the figure above, Thomas grants consent for Dr. Madison to share his SUD records with Dr. Monroe, a provider participating in a local HIE. Dr. Madison can send Thomas's records to the HIE without his consent because the HIE has a QSOA with Monument. Dr. Monroe can access Thomas's SUD records through the HIE because he was named on Thomas's consent form. However, other providers participating in the HIE could not access Thomas's records because they were not listed on the consent form.

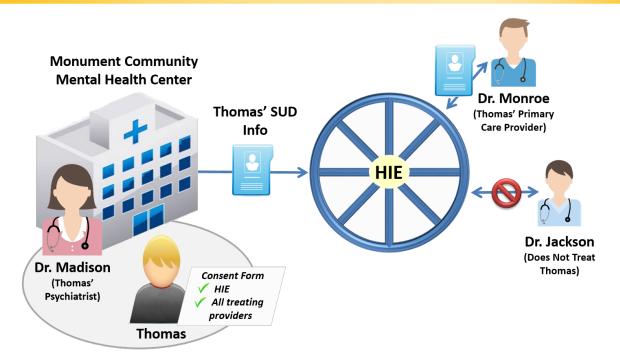
Query-Based Exchange Scenario 2: Patient Consent Forms

If Monument and the HIE did not sign a QSOA, Dr. Madison could have her patients fill out a consent form to disclose their SUD treatment records to other health care providers through the HIE. Health care providers listed on the patient's consent form could access the HIE to view the patient's records. The consent form would need to include the name of the HIE, as well as the (1) name of a specific individual and/or organization participating in the HIE, or (2) a general designation of individuals/entities that have a treating provider relationship with the patient. The consent form would also have to fulfill all other requirements as specified by Part 2.

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If a patient used a general designation, the consent form would also have to include a notice stating that the patient understands that upon written request, he/she must be provided with a list of entities to which his/her information has been disclosed within the past two years. The HIE would be responsible for responding to the request within 30 days. For each disclosure, the HIE would have to include the name(s) of the entities to which the disclosure was made, the date of the disclosure, and a brief description of the patient-identifying information that was disclosed.

Additional Resources

- <u>42 CFR Part 2 [PDF 556 KB]</u>
- <u>SAMHSA's webpage about 42 CFR Part 2</u>

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U.S. Department of Health & Human Services (https://www.hhs.gov)



Substance Abuse Confidentiality Regulations

Applying the Substance Abuse Confidentiality Regulations

Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services 42 CFR Part 2 (REVISED)

These Frequently Asked Questions (FAQs) are for information purposes only and are not intended as legal advice. Specific questions regarding compliance with federal law should be referred to your legal counsel. State laws may also apply.

In 2010, the HHS Substance Abuse and Mental Health Services Administration (SAMHSA) and the HHS Office of the National Coordinator (ONC) published FAQs "Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE)." The 2010 FAQs are available at Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE)." The 2010 FAQs are available at Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE)." The 2010 FAQs are available at Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE)." The 2010 FAQs are available at Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE)."

QUESTION 1

When a patient has signed a consent form allowing disclosure to multiple parties, can the patient revoke consent for disclosure to one or more of those parties while leaving the rest of the consent in force?

Yes. Under 42 CFR Part 2 (hereafter referred to as "Part 2"), a patient can revoke consent to one or more parties named in a multi-party consent form while leaving the rest of the consent in effect. In a non-Health Information Exchange (HIE) environment, this can be accomplished simply by the Part 2 program indicating on the consent form or in the patient's record that consent has been revoked with respect to one or more named parties. In an HIE environment, the revocation with respect to one or more parties should be clearly communicated to the Health Information Organization (HIO) as well as noted in the patient's record by the Part 2 program.

NOTES: Health Information Exchange ("HIE") is a generic term that refers to a number of methods and mechanisms through which information can be exchanged electronically. As used in these FAQs, the term Health Information Organization "HIO" means an organization that oversees and governs the exchange of health-related information among organizations according to nationally recognized standards.

To ensure compliance with consent requirements, an HIO should have policies and procedures in place for implementing patient decisions to give and revoke consent. Once a patient has revoked a Part 2 consent with respect to one or more parties, that revocation should be immediately communicated to the HIO by the entity obtaining the patient's revocation so that it implements the revocation decision and no longer transmits the Part 2 program's protected patient information to those one or more parties. Part 2 permits a patient to revoke consent orally [42 CFR §2.31(a)(8),(c)(8)]. While oral revocations must be honored under Part 2, SAMHSA recommends the entity obtaining the revocation get it in writing and/or document the revocation in the patient's record. Part 2 prohibits a program from making a disclosure on the basis of a consent which it knows has been revoked. A program however is entitled to act in reliance on a signed consent prior to a revocation, and such disclosure would not be improper [42 CFR § 2.31(c)(3) and § 2.31(a)(8)]. SAMHSA recommends that a revocation be communicated as soon as practicable to entities relying on such consent.

We note that the requirements of the HIPAA Privacy Rule must also be considered. For information on HIPAA (PDF | 379 KB) (http://www.samhsa.gov/sites/default/files/samhsapart2-hipaacomparison2004.pdf), see the HHS Health Information Privacy website (http://www.hhs.gov/ocr/privacy/index.html).

QUESTION 2

Does a consent form allowing for a program to disclose Part 2 information remain in effect when the *disclosing* program merges with another or undergoes corporate restructuring?

Whether a consent form remains in effect when a program merges with another program or undergoes corporate restructuring depends on how the entity making the disclosure is identified on the consent form.

Under Section 2.31(a)(1), the *disclosing entity* can be listed by "specific name or general designation." If a particular program is designated by specific name as the entity permitted to make the disclosure, then the consent form would no longer be valid if the program's name is changed (following a merger or restructuring or for another reason) since the new entity is not identified as the same one that was listed on the consent form. If the disclosing entity is listed by a general designation, such as "any drug or alcohol treatment program that is affiliated with the XYZ HIO," then that consent would continue to be valid if the program making the disclosure merges or undergoes corporate restructuring, assuming the new merged program is also an HIO-affiliated member.

Note that section 2.19 sets forth the requirements when a Part 2 program is discontinued or taken over or acquired by another program, as opposed to just undergoing a name change or restructuring. This section provides that a discontinued program or one acquired by another program must purge patient identifying information from its records or destroy the records unless the patient consents to the transfer of his or her records, except to the extent that there is a legal requirement that records be retained.

In cases where a *recipient* organization has undergone a name change, whether or not a new consent form is needed depends upon the specific designation made on the original consent. Section 2.31(a)(2) allows for specification of either the name or title of the individual or the name or the organization to which the disclosure is to be made. Therefore, an organizational name change alone may not necessitate a new consent.

QUESTION 3

May a Part 2 program disclose patient information to providers of "on-call coverage" pursuant to a Qualified Service Organization Agreement (QSOA)?

Yes. 42 CFR § 2.11 defines "Qualified Service Organization (QSO)" and lists the types of services that a QSO provides, and further references Qualified Service Organization Agreements (QSOA). Medical services are included on that list and thus a Part 2 program can enter into a QSOA with providers of "on-call coverage."

A QSOA is a two-way agreement between a Part 2 program and the entity providing the service, in this case the provider of on-call coverage. The QSOA authorizes communication between those two parties, however the Part 2 program should only disclose information to the QSO that is necessary for the QSO to perform its duties under the QSOA. Also, the QSOA does not permit a QSO to redisclose information to a third party unless that third party is a contract agent of the QSO, helping them provide services described in the QSOA, and only as long as the agent only further discloses the information back to the QSO or to the Part 2 program from which the information originated. For additional information, see FAQ Number 10 of the 2010 FAQs published by SAMHSA and the ONC at: Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE) (PDF | 381 KB) (http://www.samhsa.gov/sites/default/files/faqs-applying-confidentiality-regulations-to-hie.pdf).

Thus, if a QSOA exists between a Part 2 program and an HIO for services rendered to the program by the HIO, the QSOA would not allow the HIO to redisclose that information to a third party like providers of "on-call coverage." For an HIO to redisclose Part 2 information to providers of "on-call coverage" that are not part of the Part 2 program, a consent form that allows the HIO to make the redisclosures to the providers of "on-call coverage" would be needed.

Since "on-call coverage" arrangements are fluid and the identity of the health care provider who is providing the on-call coverage might not be known, the designation of the recipient could be "the health care provider who is providing on-call coverage for the ABC treatment program." By designating the recipient as the "on-call coverage provider," the requirement that the recipient's name or title be listed would be met. Consent for disclosures to providers of on-call coverage can be included in the same consent form used for other disclosures of patient information if the program so chooses.

An HIO can also redisclose Part 2 information without patient consent to providers of "on-call coverage" who are part of the Part 2 program or of an entity having direct administrative control over the program, as long as the on-call providers need the information in connection with their duties that arise out the provision of diagnosis, treatment or referral for treatment services [42 CFR § 2.12(c)(3)].

QUESTION 4

Can a single Part 2 consent form be used to authorize patient information to be exchanged through an HIO's system for different purposes, such as treatment, payment, disease management and/or quality improvement?

Yes. Part 2 allows the use of a single consent form authorizing the disclosure of Part 2 patient information to different recipients for different purposes. However, Part 2 also requires a consent form to specify the kind and amount of information that can be disclosed to each of the recipients named in the consent. The amount of information to be disclosed "must be

limited to that information which is necessary to carry out the purpose of the disclosure" [42 C.F.R. §2.13(a)]. This will vary depending on the different purposes for which different recipients are being allowed access to the information made available through an HIE. Thus the consent form would have to be structured to make it clear what information may be given to which recipients, and for which purposes. The HIE system must also be designed to limit the different recipients' access through the HIE to only the kind and amount of patient information each needs to fulfill the specific purpose for which they are being allowed access.

QUESTION 5

Does Part 2 permit a healthcare provider to disclose information without consent when there is an immediate threat to the health or safety of an individual or the public?

Part 2 permits the disclosure of information under certain circumstances without consent during a medical emergency or in other limited situations. If a Part 2 program (or a healthcare provider that has received Part 2 patient information) believes that there is an immediate threat to the health or safety of any individual, there are steps described below that the Part 2 program or healthcare provider can take in such a situation:

Notifications to medical personnel in a medical emergency: A Part 2 program can make disclosures to medical personnel if there is a determination that a medical emergency exists, i.e., there is a situation that poses an immediate threat to the health of any individual and requires immediate medical intervention [42 CFR §2.51(a)]. Information disclosed to the medical personnel who are treating such a medical emergency may be redisclosed by such personnel for treatment purposes as needed. For additional information regarding disclosures during a medical emergency, see FAQs Numbered 7, 8, and 9 below.

Notifications to law enforcement: Law enforcement agencies can be notified if an immediate threat to the health or safety of an individual exists due to a crime on program premises or against program personnel. A Part 2 program is permitted to report the crime or attempted crime to a law enforcement agency or to seek its assistance [42 CFR §2.12(c) (5)]. Part 2 permits a program to disclose information regarding the circumstances of such incident, including the suspect's name, address, last known whereabouts, and status as a patient in the program.

Immediate threats to health or safety that do not involve medical emergencies or crimes on programs premises or against program personnel: Part 2 programs and health care providers and HIOs who have received Part 2 patient information, can make reports to law enforcement about an immediate threat to the health or safety of an individual or the public *if patient-identifying information is not disclosed*. Immediate threats to health or safety that do not involve a medical emergency or crimes (e.g., a fire) are not addressed in the regulations. Programs should evaluate those circumstances individually.

Reports of child abuse and neglect: The restrictions on disclosure do not apply to the reporting under State law of incidents of suspected child abuse and neglect to the appropriate State or local authorities. However, Part 2 restrictions continue to apply to the original alcohol or drug abuse patient records maintained by the program including their disclosure and use for civil or criminal proceedings which may arise out of the report of suspected child abuse and neglect [42 CFR § 2.12(c)(6)]. Also, a court order under Part 2 may authorize disclosure of confidential communications made by a patient to a program in the course of diagnosis, treatment, or referral for treatment if, among other reasons, the disclosure is necessary to protect against an existing threat of life or of serious bodily injury, including circumstances which constitute suspected child abuse and neglect [42 CFR § 2.63(a)(1)].

Court ordered disclosures: Under the regulations, Part 2 programs or "any person having a legally recognized interest in the disclosure which is sought" may apply to a court for an order authorizing disclosure of protected patient information [42 CFR § 2.64]. Thus, if there is an existing threat to life or serious bodily injury, a Part 2 program or "any person having a legally recognized interest in the disclosure which is sought" can apply for a court order to disclose information.

QUESTION 6

Under what circumstances can information disclosed pursuant to Part 2 be redisclosed?

Once Part 2 information has been initially disclosed (with or without patient consent), no redisclosure is permitted without the patient's express consent to redisclose or unless otherwise permitted under Part 2.

Disclosures made *with* patient consent must be accompanied by a statement notifying the recipient that Part 2 redisclosure is prohibited, unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by Part 2 (42 CFR § 2.32).

When disclosures are made *without* patient consent under the following circumstances, limited redisclosures without obtaining the patient's consent: are permitted, such as medical emergencies [42 CFR § 2.51], child abuse reporting [42 CFR § 2.12(c)(6)], crimes on program premises or against program personnel [42 CFR § 2.12(c)(5)], and court ordered disclosures when procedures and criteria are met [42 CFR § 2.61-2.67].

When disclosures are made under the following circumstances the recipient is prohibited from redisclosing the information without consent, except under the following restricted circumstances:

Research: Researchers who receive patient identifying information are prohibited from redisclosing the patient-identifying information to anyone except back to the program [42 CFR

§ 2.52(b)].

Audits and Evaluations: Part 2 permits disclosures to persons and organizations authorized to conduct audits and evaluation activities, but imposes limitations by requiring any person or organization conducting the audit or evaluation to agree in writing that it will redisclose patient identifying information only (1) back to the program, or (2) pursuant to a court order to investigate or prosecute the program (**not** a patient), or (3) to a government agency that is overseeing a Medicare or Medicaid audit or evaluation [42 CFR § 2.53(c) (d)].

Qualified Service Organization Agreements (QSOAs): Part 2 requires the QSO to agree in writing that in receiving, storing, processing, or otherwise dealing with any information from the program about patients, it is fully bound by Part 2, it will resist, in judicial proceedings if necessary, any efforts to obtain access to information pertaining to patients except as permitted by Part 2, and will use appropriate safeguards to prevent the unauthorized use or disclosure of the protected information [42 CFR § 2.11]. In addition, QSOAs may allow disclosure in certain circumstances.

Authorizing Court Orders: When information is disclosed pursuant to an authorizing court order, Part 2 requires that steps be taken to protect patient confidentiality. In a civil case, Part 2 requires that the court order authorizing a disclosure include measures necessary to limit disclosure for the patient's protection, which could include sealing from public scrutiny the record of any proceeding for which disclosure of a patient's record has been ordered [42 CFR § 2.64(e)(3)]. In a criminal case, such order must limit disclosure to those law enforcement and prosecutorial officials who are responsible for or are conducting the investigation or prosecution, and must limit their use of the record to cases involving extremely serious crimes or suspected crimes. For additional information regarding the contents of court orders authorizing disclosure, see 42 CFR § 2.65(e).

QUESTION 7

How can a Part 2 program ensure that it will be notified that a health care provider invoked the medical emergency exception and gained access to protected Part 2 information?

The Part 2 regulations at 42 CFR §2.51 specify that when a disclosure is made in connection with a medical emergency, the *Part 2 program* must document in the patient's record the name and affiliation of the recipient of the information, the name of the individual making the disclosure, the date and time of the disclosure, and the nature of the emergency [42 CFR § 2.51(c)]. See previous FAQs, and specifically, Number 30 of the 2010 FAQs. SAMHSA recommends that HIE data systems be designed to ensure that the Part 2 program is notified when a disclosure occurs and Part 2 records are released pursuant to a medical emergency. To promote compliance, SAMHSA recommends that the notification include all the information that the Part 2 program is required to document in the patient's records (e.g., date and time of disclosure, the nature of the emergency, etc.). Similarly, SAMHSA recommends that the information about emergency disclosures be kept in the HIO's electronic system and protected using appropriate safeguards.

Before a Part 2 program enters into an affiliation with an HIO, it should consider whether the HIO system has the capability to comply with all Part 2 requirements, including the capacity to notify the Part 2 program when its records have been disclosed pursuant to a medical emergency. For additional information regarding disclosures during a medical emergency, see the FAQs Numbered 5, 8, and 9.

QUESTION 8

What categories of health care professionals are considered "medical personnel" for the purpose of obtaining information during a medical emergency?

Part 2 allows patient identifying information to be disclosed to medical personnel in a medical emergency [42 CFR § 2.51]. Part 2 does not define the term "medical personnel" but merely provides that information can be given to medical personnel who have a need for information about a patient for the purpose of treating a condition which poses an immediate threat to the health of any individual and which requires immediate medical intervention. It is up to the health care provider or facility treating the emergency to determine the existence of a medical emergency and which personnel are needed to address the medical emergency. The name of the medical personnel to whom the disclosure was made, their affiliation with any health care facility, the name of the individual making the disclosure, the date and time of the disclosure, and the nature of the medical emergency must be documented in the patient's records by the Part 2 program disclosing them [42 CFR §2.51(c)]. Additional information about disclosures in medical emergencies is found in FAQs Numbered 5, 7, and 9.

QUESTION 9

Can the Part 2 medical emergency exception be invoked to head off a potential medical emergency such as a potential drug interaction?

If a health care provider treating an individual determines that a medical emergency exists as defined in Part 2, i.e., "a condition which poses an immediate threat to the health of any individual [not just the patient], and which requires immediate medical intervention," and in treating the medical emergency the health care provider needs information about potential drug interactions, then that information and any other information contained in the Part 2 record that the treating health care provider determines he or she needs to treat the medical emergency can be disclosed. If no such determination exists, SAMHSA recommends trying to obtain consent from the patient.

If a health care provider is treating a patient in a non-emergency situation and the health care provider is concerned about a potential drug interaction, in an HIE environment, an HIO may only disclose a Part 2 program patient's records to a health care provider if the patient signs a consent form releasing the Part 2 record to the health care provider. Such a consent form may already exist if the patient previously signed a Part 2 consent form allowing the HIO to disclose Part 2 information to HIO affiliated health care providers and the provider seeking access is listed as a recipient on that form.

A health care provider who is concerned about a potential drug interaction and treating a patient in a non-emergency situation can also gain access to a Part 2 program patient's record if the health care provider has signed a QSOA with the patient's Part 2 program (and the information is limited to what is needed for the provider to provide services to the Part 2 program) or obtains patient consent.

In a non-emergency situation, if the health care provider concerned about a potential drug interaction is part of the Part 2 program (or of an entity that has direct administrative control over the program), he or she can gain access to the Part 2 patient's record without consent if the health care provider needs the information to treat the patient. 42 CFR § 2.12(c)(3) does not restrict communications between and among such personnel who have a need for the information in connection with their duties arising out of the provision of diagnosis, treatment or referral for treatment services.

It should be noted that concern alone about potential drug interaction may not be sufficient to meet the standard of a medical emergency. Thus, based on the circumstances of the presenting situation, SAMHSA recommends that health care providers should obtain consent from the patient where feasible.

QUESTION 10

Do all primary care providers who prescribe controlled substances to treat substance use disorders meet the definition of a "program" under Part 2?

No. Not every primary care provider who prescribes controlled substances meets the definition of a "program" or part of a "program" under Part 2. For providers to be considered "programs" covered by the Part 2 regulations, they must be both "federally-assisted" and meet the definition of a program under 42 CFR § 2.11. Physicians who prescribe controlled substances to treat substance use disorders are DEA-licensed and thus meet the test for federal assistance [42 CFR § 2.12(b)(2)]. Nevertheless, the regulations establish additional criteria to meet the definition of a "program":

- 1. If a provider is not a general medical care facility, then the provider meets Part 2's definition of a "program" if it is an individual or entity that holds itself out as providing, and provides alcohol or drug abuse diagnosis, treatment or referral for treatment.
- 2. If the provider is an identified unit within a general medical care facility, it is a "program" if it holds itself out as providing, and provides, alcohol or drug abuse diagnosis, treatment or referral for treatment.
- 3. If the provider consists of medical personnel or other staff in a general medical care facility, it is a program if its primary function is the provision of alcohol or drug abuse diagnosis, treatment or referral for treatment *and* is identified as such specialized medical personnel or other staff within the general medical care facility.

In addition, in explaining Part 2's applicability and coverage, § 2.12(e)(1) states that "coverage includes, but is not limited to, employee assistance programs, programs within general hospitals, school-based programs and private practitioners who hold themselves out as providing, and provide alcohol or drug abuse diagnosis, treatment or referral for treatment" [42 CFR § 2.12(e)(1)].

Accordingly, primary care providers who do not work in general medical care facilities meet Part 2's definition of a program if their principal practice consists of providing alcohol or drug abuse diagnosis, treatment or referral for treatment, *and* they hold themselves out as providing the same. If their principal practice consists of providing alcohol or drug abuse diagnosis, treatment or referral for treatment, but they do not hold themselves out as providing those services, then it is likely that they would not meet the definition of a program. The phrase "holds itself out" is not defined in the regulations, but could mean a number of things, including but not limited to state licensing procedures, advertising or the posting of notices in the offices, certifications in addiction medicine, listings in registries, internet statements, consultation activities for non-"program" practitioners, information presented to patients or their families, or any activity that would lead one to reasonably conclude that the provider is providing or provides alcohol or drug abuse diagnosis, treatment or referral for treatment.

Further, while the term "general medical care facility" is not defined in the definitions section of 42 CFR 2.11, hospitals, trauma centers, or federally qualified health centers would generally be considered "general medical care" facilities. Therefore, primary care providers who work in such facilities would only meet Part 2's definition of a program if 1) they work in an identified unit within such general medical care facility that holds itself out as providing, and provides, alcohol or drug abuse diagnosis, treatment or referral for treatment, or 2) the primary function of the provider is alcohol or drug abuse diagnosis, treatment or referral for treatment and they are identified as providers of such services. In order for a program in a general medical care facility to share information with other parts or units within the general medical care facility, administrative controls must be in place to protect Part 2 information if it is shared.

In addition, a practice comprised of primary care providers could be considered a "general medical facility." As such, only an identified unit within that general medical care facility which holds itself out as providing *and* provides alcohol or drug abuse diagnosis, treatment or referral for treatment would be considered a "program" under the definition in the Part 2 regulations. Medical personnel or staff within that facility whose primary function is the provision of those services and who are identified as such providers would also qualify as a "program" under the definition in the Part 2 regulations. Other units or practitioners within that general medical care facility would not meet the definition of a Part 2 program unless such units or practitioners also hold themselves out as providing *and* provide alcohol or drug abuse diagnosis, treatment or referral for treatment.

QUESTION 11

Is information generated by the provision of SBIRT (Screening, Brief Intervention and Referral to Treatment) services covered by Part 2?

Screening, Brief Intervention and Referral to Treatment (SBIRT) is a cluster of activities designed to identify people who engage in risky substance use or who might meet the criteria

for a formal substance use disorder. Clinical findings indicate that the overwhelming majority of individuals screened in a general medical setting do not have a substance use disorder and do not need substance use disorder treatment.

The determination whether patient information acquired when conducting SBIRT services is subject to Part 2 depends on whether the entity conducting the SBIRT activities is a federally-assisted "program" as defined in the regulations. If the entity conducting SBIRT services is not a federally-assisted program, then the SBIRT services and patient records generated by such services would not be covered under 42 CFR Part 2, although HIPAA and state laws may apply. However, if the entity or unit within a general medical care facility conducting the SBIRT services is a federally-assisted program under Part 2, then the SBIRT patient records would be subject to Part 2 regulations.

See FAQ Number 10 of these FAQs for a discussion of the definition of a program under 42 CFR Part 2.

QUESTION 12

What is Part 2's relationship to State laws?

42 CFR § 2.20, states that "no State law may authorize or compel any disclosure prohibited by these [Part 2] regulations." However, States may impose additional confidentiality protections. Thus, § 2.20 provides that, "If a disclosure permitted under these regulations is prohibited under State law, neither these regulations nor the authorizing statutes may be construed to authorize any violation of that State law."

QUESTION 13

Would a logon or splash page notification on an HIO's portal that contains the Part 2 notice prohibiting redisclosure be sufficient to meet Part 2's requirement that disclosures made with patient consent be accompanied by such a statement?

No. Part 2 requires each disclosure made with written patient consent to be accompanied by a written statement that the information disclosed is protected by federal law and that the recipient cannot make any further disclosure of it unless permitted by the regulations (42 CFR § 2.32). A logon page is the page where a user logs onto a computer system; a splash page is an introductory page to a web site. A logon or splash page notification on a HIO's portal including the statement as required by § 2.32 would not be sufficient notification regarding prohibitions on redisclosure since it would not accompany a specific disclosure. The notification must be tied to the Part 2 information being disclosed in order to ensure that the recipient of that information knows that specific information is protected by Part 2 and cannot be redisclosed except as authorized by the express written consent of the person to whom it pertains or as otherwise permitted by Part 2.

QUESTION 14

If a Part 2 program has signed QSOAs with two service providers, can those services providers redisclose Part 2 information to each other?

No. A QSOA is a two-way agreement between a Part 2 program and the entity providing the service, for example a lab. The QSOA authorizes communication only between the Part 2 program and QSO. The QSO, in this case the lab, would not be allowed to redisclose lab results about the Part 2 program's patient to another QSO such as an HIO, even if the HIO has also signed a QSOA with the Part 2 program. In order for the lab to redisclose Part 2 patient information to the HIO, it would need the patient's signed Part 2 consent or be otherwise permitted by Part 2. One consent form could both authorize the Part 2 program to disclose information to the lab, and authorize the lab to redisclose Part 2 information to the HIO. Once the HIO obtains the lab results it could, through the QSOA it signed with the Part 2 program, send those results to the Part 2 program, assuming that was a service described in the QSOA.

QUESTION 15

If an HIO has a QSOA with a Part 2 program and a patient signs a consent allowing a HIO affiliated provider to gain access to the patient's records through the HIO, does that patient consent allow the HIO to disclose the Part 2 information?

Yes, as long the consent form signed conforms to the requirements of Part 2. (See previously issued FAQ Number 11 published by SAMHSA and ONC in 2010 for a list of the required elements of a patient consent under Part 2: Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE) (PDF | 381 KB) (http://www.samhsa.gov/ sites/default/files/faqs-applying-confidentiality-regulations-to-hie.pdf) . A QSOA does not allow a QSO such as an HIO to redisclose Part 2 information to a third party, except to a contract agent of the HIO if it needs to do so in order to provide the service(s) described in the QSO. However, if a patient signs a consent form authorizing the HIO, which has received the disclosed information from the Part 2 program, to redisclose the Part 2 information to a HIO affiliated member, then the Part 2 information can be redisclosed by the HIO.

Part 2's consent provision requires that a consent form include the "specific name or general designation of the program or person permitted to make the disclosure" [42 CFR Part 2, § 2.31(a)(1)]. In the case where Part 2 information is made available to an HIO, whether through a QSOA or written patient consent, the consent form allowing the HIO to redisclose the Part 2 information must identify by name or general designation the Part 2 program(s) as the entity permitted to make the disclosure of the Part 2 information. This is because, while the HIO is redisclosing the Part 2 information, the disclosing entity remains the Part 2 program. The consent can also name the HIO as a redisclosing party.

As noted above, the disclosing Part 2 program may be identified either by its specific name or by "general designation." Language such as "all programs in which the patient has been enrolled as an alcohol or drug abuse patient" would be an acceptable general designation.

QUESTION 16

Under Part 2, can an HIO or HIO affiliated member use a consent form that generally designates the entities permitted to make disclosures of Part 2 information, and refers to the HIO's website for a list of those disclosing entities?

Yes, the consent form can refer to the HIO's website for the list of entities permitted to make disclosures if the *disclosing entity* is identified by a "general designation" in the consent form as permitted under Part 2. Part 2's consent provisions allow either the "name or general designation of the program or person permitted to make the disclosure" to be specified on the consent form. Because a general designation is permitted, if such general designation is used, then the specific names of those disclosing entities do not need to be included on the consent form and patients can be referred to the HIO's website for a list of those entities.

This is in contrast to Part 2's consent provision regarding *recipients* of Part 2 data. 42 CFR §2.31(a)(2) requires that a consent form include "the name or title of the individual or the name of the organization to which disclosure is to be made." Thus, as was previously noted in previously issued FAQ Number 18 published by SAMHSA and ONC in 2010 (Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange (HIE) (PDF | 381 KB) (http://www.samhsa.gov/sites/default/files/faqs-applying-confidentiality-regulations -to-hie.pdf)), Part 2 consents cannot refer patients to the HIO's website for a list of potential recipients of their data but rather must identify within the consent all the HIO affiliated members by name or title that are potential recipients of the Part 2 data. Therefore, a new consent form (e.g. by the additional Part 2 program or the HIO) would be required when a new recipient of the information is added.

QUESTION 17

How does the Supreme Court's decision in United States v. Windsor which overturned section 3 of the Defense of Marriage Act (DOMA), affect 42 CFR Part 2?

On June 26, 2013, in <u>United States v. Windsor</u>, the Supreme Court held that section 3 of the Defense of Marriage Act (DOMA), which prohibited federal recognition of same-sex spouses/marriages, was unconstitutional. Consistent with HHS policy, same-sex spouses/marriages are to be recognized in SAMHSA regulatory provisions. This means that, as a person or entity subject to SAMHSA's confidentiality regulation governing alcohol and drug abuse patient records, this policy applies to you. The regulation contains a provision, that is affected by the Windsor decision, which addresses consent on behalf of incompetent or deceased patients and provides that in the absence of a personal representative, consent to disclosure of information identifying a deceased patient as an alcohol or drug abuse patient may be given by the patient's spouse or, if none, by any responsible member of the patient's family. See 42 C.F.R. § 2.15(b)(2). SAMHSA now interprets this provision to include same-sex spouses in the meaning of the terms "spouse" and "family." This means that, for purposes of this provision under 42 C.F.R. Part 2, you are required to treat as valid the marriages of same-sex couples whose marriage was legal when entered into. This applies regardless of whether the couple now lives in a jurisdiction that recognizes same-sex marriage or a jurisdiction that does not recognize same-sex marriage. Any same-sex marriage legally entered into in one of the 50 states, the District of Columbia, a U.S. territory or a foreign country will be recognized. However, this does not apply to registered domestic partnerships, civil unions or similar formal relationships recognized under state law as something other than a marriage.

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